

TUSCAN BLISS & WELLNESS RETREAT

Dear Yoga Studio Owner/Manager/Instructors,

Is a Tuscan villa on your bucket list? We will offer you and a guest a **100% Complimentary trip** in exchange for bringing 12 guests (6 rooms).

Your trip includes all expenses paid for you and a guest, as outlined in this flyer. In exchange, you offer daily yoga classes. We will create a personalized flyer with logo, your photo and a special *Please Join Me* message to your clients.

Host Your Own Yoga Group

and Earn a FREE Trip for Two!

Bonus: \$2500 toward airfare etc.

100% INCLUSIVE:

7-nights, Saturday-Saturday

Villa Conveniently Located Two Hours North of Rome, 90 Minutes South of Florence

Spacious Bedrooms with Private Bathrooms

All Villa Meals Prepared by Private Chef (vegetarian available)

Italian Wines & Non-Alcoholic Beverages

Daily Yoga Classes

1 Hour Massage or Facial by Lucia

4 Artisanal Excursions Include Farm Lunches, Guide & Transportation Stone Mill Pasta, Olive Oil Tasting, Foraging, Wine Tasting

Gratuities & Taxes

Details: We handle everything, we just require you to promote it to your clients with our point of purchase display (flyers provided), talk it up, put our link and flyer on your website. Let us know if you need more flyers.

We are here to help you be successful and will walk you through everything you need to know.

Client inquiries: Please direct all booking inquiries about the program to Dream Italian Villas & Tours. We will provide you with a consumer flyer with your logo. **This flyer for reference only!**

Please note: Villa is confirmed once the first deposits of \$1,000 have been collected. Requires 6 rooms (12 people). Best to start promotion 10-12 months in advance. Prices vary based on season. *In addition to earning two free, earn \$2500 to use towards your flights, or as you wish.







Dream Italian VILLAS & TOURS



Claudia Alfieri Gallego 206.696.3201 info@dreamitalianvillastours.com DreamItalianVillasTours.com **DAY 1** -SATURDAY- Arrive at villa at 4 pm. Time to settle-in and a *Welcome Yoga* to unwind. Antipasti Reception prior to dinner.

DAY 2 -SUNDAY- Morning Yoga 8 am - 9 am. 10 am walk from villa to stone flour mill at **Spedaletto** (approx 2 hrs on country roads; transportation available). Lunch based on farm's produce, after lunch a demonstration of how flour is milled and artisanal pasta made. Learn about the difference between heirloom varieties of wheat and stone-milled flour vs. industrial flour and their effects on our bodies. Return directly to villa or stop in **Bagno Vignoni**. Evening Yoga. B, D at Villa.

DAY 3 -MONDAY- Yoga 8 am - 9 am. 10 am visit to eco-friendly winery in **Montepulciano** (zero sulphites); Light lunch and time to explore Montepulciano. Before returning to villa, stop at a farm in **Monte Follonico** where the owner produces extra virgin olive oil to make macerated oils with curative properties. Return to villa for free time to relax before dinner. B, D at Villa.

DAY 4 -TUESDAY- Yoga 8 am - 9 am. 10 am visit to olive grove near **Cetona** for oil tasting and lunch. Oil/food pairings concentrating on your senses, smell, taste, texture. We will focus on the health benefits of extra virgin oils. *Optional stop to explore Cetona on the way back; Evening Yoga. B, D at Villa.

DAY 5 -WEDNESDAY- Free day at the villa with morning and evening Yoga. Optional pasta making class. One hour massage (to be booked on one of your free days). B, L, D at Villa.

DAY 6 -THURSDAY- Yoga 8 am - 9 am. 10 am visit to organic farm for lunch at *Suzie's Yard* in **Cetona**. We'll forage and collect edible plants for our meal while learning about their nutritional aspects. B, D at Villa.

DAY 7 -FRIDAY- Free day at the villa with morning and evening Yoga. Optional pasta making class. One hour massage (to be booked on one of your free days). B, L, D at Villa.

DAY 8 -SATURDAY- After breakfast, 10am check-out, then embark on your other Italian travel plans, or transfer to the airport.

*Optional pre/post travel available: Rome, Florence, Venice, Amalfi Coast etc.

Cost for optional transfers to/from villa based on participation. Single, triple, quad rates available upon request.

1st Deposit \$1000pp within seven days of reservation; 2nd deposit (50% of balance) eight months before tour; final payment due 90 days prior to tour.



"Traveling is like yoga. It makes your mind healthy & enriched with experiences. Travel is a way that can deeply connects us to our selves." ~ Hardik Patel





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